



In-Common Laboratories (ICL) Patient Collection Instructions for 72-hour Fecal Fat

The Kit sent includes:

1. Tin can for stool collection
2. Metal clips – Taped on the Lid of the can
3. Large Plastic Bag for the tin Can
4. 1 prepaid waybill
5. Transport box with insulated foam box inside -for Tin can collection only
6. Ice pack
7. Instructions for Fecal fat 24hr collection

If you have any other stool test along with 72 hr. Fecal Fat, please do them before fecal fat 72-hour collection in order to avoid any errors. This test must be done separate to all other tests as you must collect stool for 72hours.

Important: The complete bowel movement must go directly into the tin can and not into the toilet bowl, as this will affect the test results.

Note: Before you collect your sample place the ice packs in the freezer so it frozen when you're ready to collect.

Fecal Fat 24hr collection:

1. Before collection please make sure the patient has 3-day fat-controlled diet.
2. The fat intake should be between 100g-150g. Controlling the fat intake during the 3 days. Do not have fatty foods!
3. After the 3 days please collect stool DIRECTLY into the tin can for 72hours.
4. After each collection please refrigerate the specimen until the 72-hour collection is complete.
5. No Urine or Blood Contamination during collection.
6. Once you have finished the collection please secure it with the three clips sent with the tin can.
7. Write patient name, DOB, Date and time of collection on the container.
8. Put the specimen collected tin can in big plastic bag provided and seal from the top.
9. Place the collected specimen Tin can in the foam insulated box sent to you.
10. Put the requisition in the box.
11. Stick the waybill sticker on top on the box and drop it off to Purolator.
12. Please **do not** send the any other stool tests with this box.
13. Kindly notify us via email once the specimen is sent.



The sample must be shipped back to ICL Monday-Thursday only so we can receive the sample within 24hrs of collection to keep stability...otherwise the sample may not be suitable for testing.

Please send advance notification to: cathyandrusiak@iclabs.ca of the sample being shipped to ICL so the receipt can be coordinated with our specimen management team and then contact you to process payment.

72 hour Fecal Fat: price: \$104.50

Payment will be made over the phone by credit card after the sample has been received at ICL and confirmed as suitable for testing.

If you have further questions, please contact Cathy Andrusiak at ICL (416) 422-3000 Ext. 443

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